

## RCBS MEETING MINUTES- OCTOBER 15, 2020

- President Sarita opened the meeting. Sec. Anita recited with the club the 4-Way test.
- P. Sarita reminded the members that Oct. 24<sup>th</sup> is "End Polio Day". To give recognition to this day, P. Sarita would like suggestions from the members regarding how best to actively commemorate this day for Polio eradication, which is a major Rotary International achievement since 1987, accomplishing its total eradication in the world, except for the countries of Pakistan and Afghanistan.

GUEST SPEAKER: IDA RAHAYU- "SEEDS TO TABLE"

**PROJECT** 



P. Sarita and Ida Rahayu

Secretary Anita introduced Ida Rahayu, who is no stranger to RCBS. Our club supported her Seeds to Table project two years ago with Rtn. Florian applying for a District Grant. Ida, a teacher at the Green School, spearheaded the project to teach students the fundamentals of waste management, making compost, permaculture and growing organic food. Several RCBS members attended this program on Saturdays in a garden in the area in Tabanan. She also instigated a pilot project of Teacher's Training with 10 teachers. With the support of RCBS, Ida and RCBS Board members met with the Minister of Education to present

her program to be implemented in the local school curriculum.

Ida reported to the club the success of the beginning stages of the Seeds to Table project. In the meantime, since the completion of the District Grant, she is in the process of establishing a Yayasan ("Cinta Bumi Rahayu"), creating a website and organizing a webinar in Nov. 2020. Her goal is to continue with a Teacher's Training program in order to expand the information of the program for students and adding a cooking class. Already there are 10 schools implementing the program. Some of these schools have already established gardens on the school grounds, even during the pandemic times. Although the schools are closed, the gardens still thrive. RCBS hopes to support this project's expansion, especially during these times when the dependence of tourism is declining and the island's focus of sustainability needs to reintroduce agriculture to a new community of future farmers for a sustainable livelihood.

## GUEST SPEAKER- IPP PATRICK MONSARRAT- COVID UPDATE

IPP Dr. Patrick M. updated members with more news about the COVID epidemic and medical findings. In his presentation it was emphasized the importance of timing, incubation, viral leads, relocation, period of illness, the period of decline and the period of convalescence with antibodies forming with the COVID virus to determine the time of contagiousness. To understand the behavior of the virus and timing of taking tests in the curve of the reaction is a variable that is not considered, in general, with indiscriminate testing. A positive result is determined at the time period of testing. The rapid test revealing antibodies depends on when you take the test and the swab test determines the antigens. As a result, the several days one waits for the test may be an incubation period and only getting the virus will enact immunity.



IPP Dr. Patrick M.

• P. Sarita announced that the next meeting will be on Wednesday, October 28th. She also encouraged members to bring raffle prizes for the raffle at the meetings.

The meeting was adjourned at 2 pm.

(Minutes written by Sec. Anita)